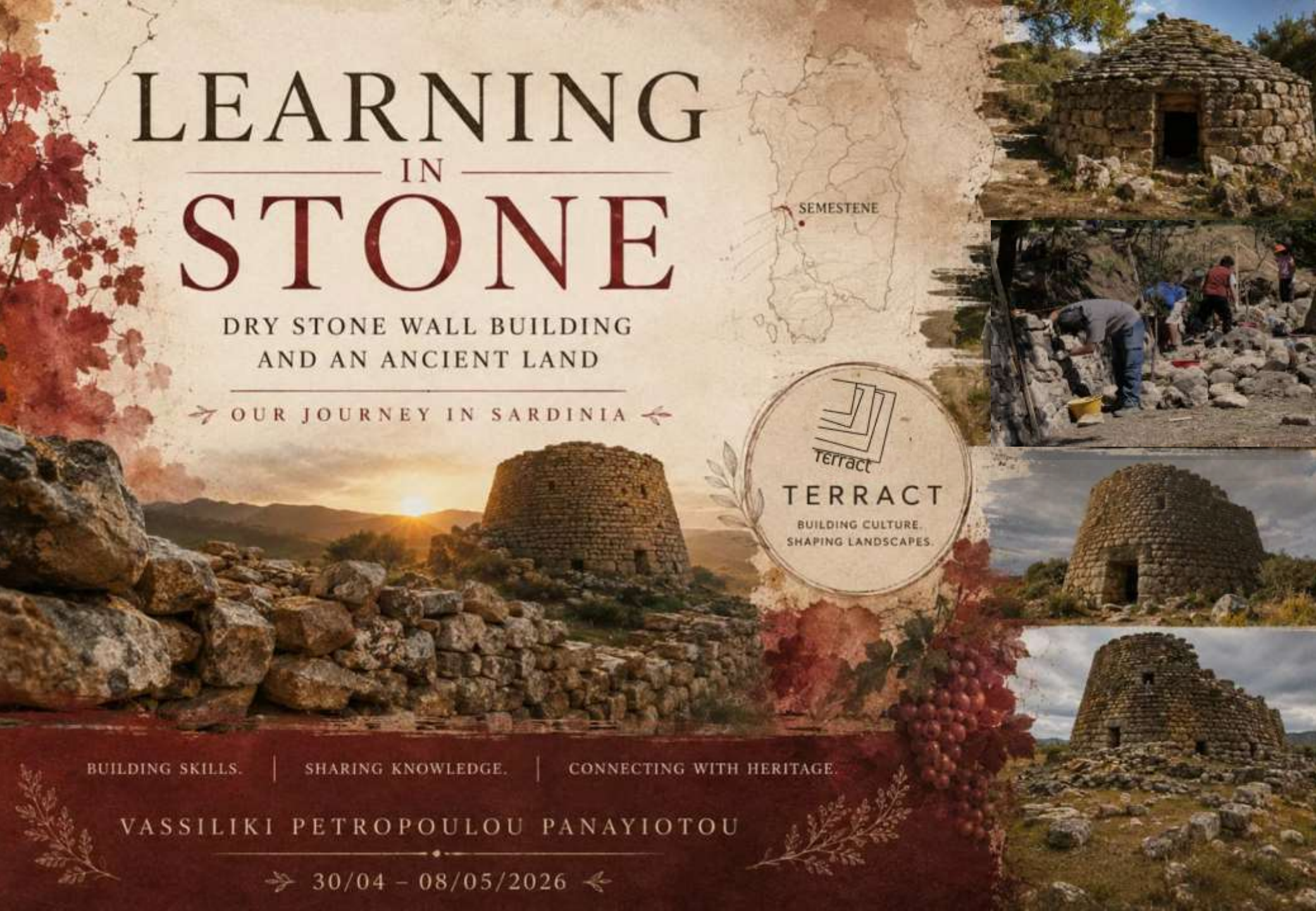
LEARNING IN STONE

DRY STONE WALL BUILDING AND AN ANCIENT LAND

OUR JOURNEY IN SARDINIA



TERRACT

BUILDING CULTURE.
SHAPING LANDSCAPES.

BUILDING SKILLS. | SHARING KNOWLEDGE. | CONNECTING WITH HERITAGE.

VASSILIKI PETROPOULOU PANAYIOTOU

30/04 – 08/05/2026

Construction of the Dry Stone Wall

The practical construction of the dry stone wall was the heart of our experience in Sardinia. Working side by side with experienced craftsmen, participants learned the traditional techniques of selecting, possibly shaping and carefully placing stones without the use of mortar. The activity required patience, teamwork and respect for an ancient craft that has shaped the Sardinian landscape for centuries. Every stone added to the wall represented not only a building element but also a shared achievement and a deeper appreciation of this unique cultural heritage.

Semestene
























KRASTU







Book Presentation

The book presentation was an inspiring moment dedicated to the history and preservation of dry stone walling traditions. Authors and experts shared their research, stories and personal experiences, illustrating how this ancient craft has evolved while remaining an essential part of Mediterranean identity. The event sparked engaging discussions and reinforced the importance of documenting and promoting traditional knowledge as a living cultural heritage


Earthen Domes et Habitats
PAESAGGI PASTORALI
architettura domestica in SARDEGNA
PINNETTOS
Marco Miosi
Tholoi d'Italia
Trulli e capanne in pietra a secco con copertura a tholos
San Nicola di Trullas
VIAGGIO IN SARDEGNA
FOGHILES
THE CANNIBAL'S COOKBOOK
La piràta seta
Rebida






Η Φοινίκη



Antonio Vincenzo Sotgiu , Sardenia, Foghiles Affiliation with

Panayiotis Panayiotou, Cyprus, Terract

Field Visits to the Ancient Dry Stone Constructions, Santu Antine, The Nuragic Palace

A field visit to the impressive ancient dry stone constructions built between 1800 and 730 BC offered a fascinating journey through Sardinia's rich past. Walking among these massive stone structures, these megalithic structures featuring conical towers, we admired the ingenuity and craftsmanship of generations who built enduring monuments using only natural materials and traditional skills. The visit provided valuable insights into the historical, cultural and architectural significance of these remarkable sites, which continue to stand proudly in harmony with the surrounding landscape. Over 7000 of these iconic beehive-shaped monuments remain across the Sardinian landscape.



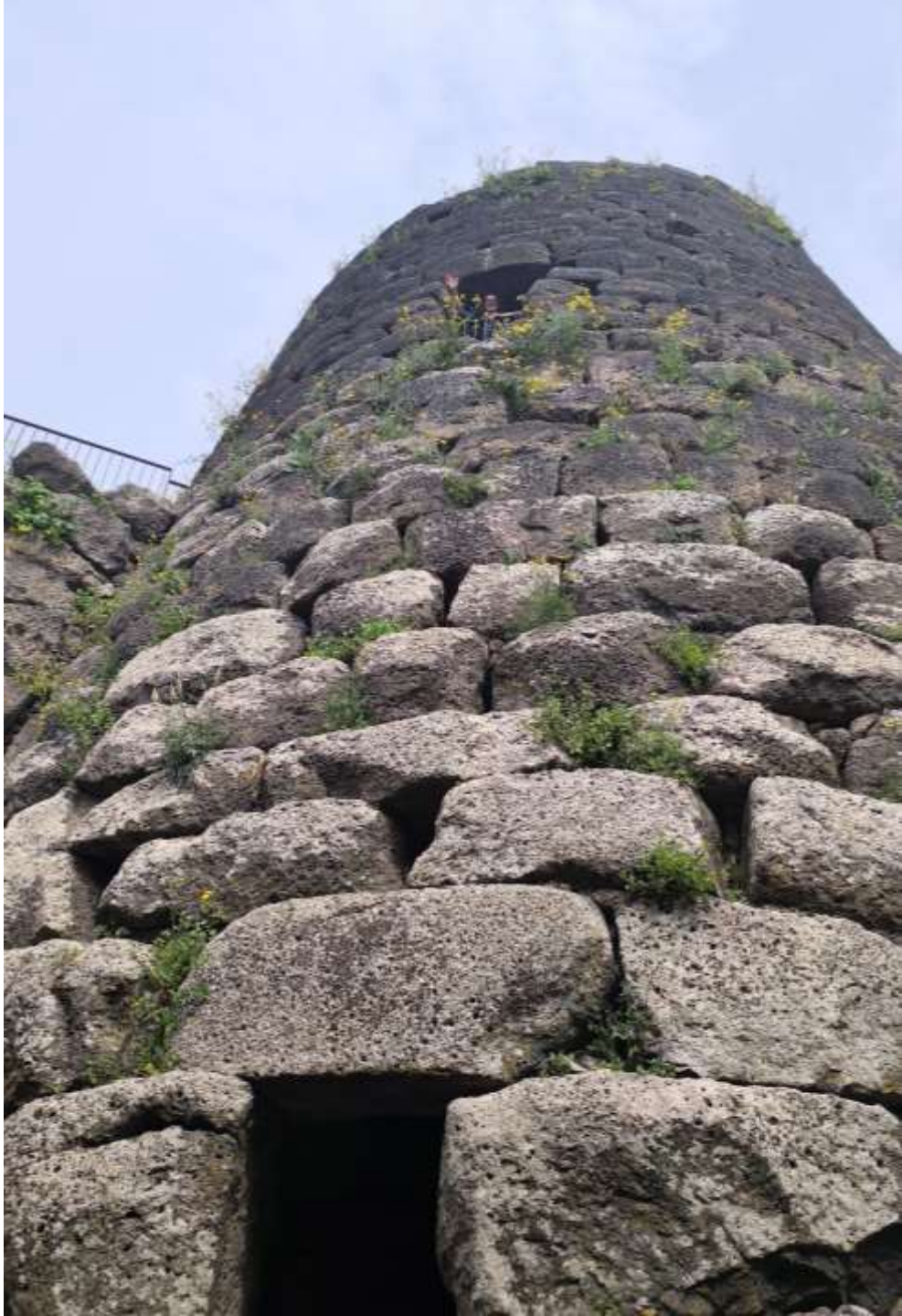



Nuraghe
Santu Antine


















RALBA
. NURAGHE SANTU ANTINE DI TORRALBA
Planimetria piano terra
Sezione prospettica Est-Ovest
Ricostruzione assonometrica


























KPRSTU
MNTRV
































































TROODOS



















































Children's Activity Led by Sevina Floridou

The children's workshop, led with enthusiasm and creativity by Sevina Floridou, brought together young participants in an engaging exploration of Sardinia's dry stone heritage. Through hands-on activities, storytelling and creative exercises, the children discovered how stones have been used for centuries to shape landscapes and communities. Their curiosity and excitement transformed the activity into a joyful learning experience, demonstrating that the preservation of cultural heritage begins with inspiring the younger generation to value and protect their traditions.


































GOTTA CA
'EM AL




GOTTA CATCH
'EM ALL!
CONVERSE
ALL STAR






GOTTA CATCH
EM ALL!













Presentations at the Community Centre

The presentations held at the local community centre created a vibrant space for dialogue and cultural exchange. Participants shared experiences, discussed the significance of preserving traditional building methods and explored the social and environmental value of dry stone architecture. The welcoming atmosphere encouraged meaningful conversations and strengthened the connections between local residents and international visitors, highlighting the importance of keeping these traditions alive for future generations.





Maria Nomikou


Su trabàgliu
Su trabàgliu
Fèminas



Eva Georgouli





Vassiliki Petropoulou Panayiotou



Sevina Floridou

Visit to the Abandoned Village

Exploring the abandoned village was like stepping back in time. The quiet stone houses and narrow pathways told stories of generations who once lived and worked there, preserving a way of life deeply connected to the land. Despite its silence, the village has found new life through a renowned local restaurant, where we enjoyed a delicious lunch featuring authentic Sardinian cuisine. The warm hospitality, traditional flavours and beautiful surroundings made this visit a perfect combination of history, culture and gastronomy.


TOMMY










Panayiotis and Argyris Panayiotou

Visit to Bosa Town

The visit to Bosa was a delightful opportunity to discover one of Sardinia's most picturesque towns. With its colourful houses climbing the hillside, narrow cobbled streets and views of the medieval castle overlooking the Temo River, Bosa captivated us with its charm and authenticity. The town's rich history, vibrant atmosphere and unique blend of architecture offered an unforgettable cultural experience that beautifully complemented the themes of heritage and tradition explored throughout the project.

Bosa














RISTORANTE
TIPICO



Theodosia Hadjiloi











The Team Posing in Front of the Completed Dry Stone Wall

Standing proudly in front of the completed dry stone wall, the team celebrated not only the successful completion of the project but also the friendships and memories created along the way. The wall became a symbol of cooperation, perseverance and shared learning, built stone by stone through collective effort and mutual support. This final moment captured the spirit of the experience: people from different backgrounds united by a common purpose, bonded by tradition and inspired to preserve this valuable heritage for generations to come.


WELCOME

















Chiron Floris





Jean Ni




Serena Cattaneo


Matteo Marangon





Jacopo Lega





Duje Mikelić















Sevina Floridou and
Vassiliki Petropoulou Panayiotou

Visit to the Cheese Production Cooperative

Our visit to the cheese production cooperative was a delightful opportunity to discover one of Sardinia's most treasured culinary traditions, the making of Pecorino Sardo, the island's renowned sheep's milk cheese. We were introduced to the production process. The visit highlighted the dedication and expertise of local producers who continue to preserve traditional methods while maintaining the highest quality standards. Tasting the various cheeses was a true gastronomic experience, allowing us to appreciate the rich flavours and aromas that reflect Sardinia's pastoral heritage and its deep connection to the land. The cooperative visit offered not only an understanding in cheese-maturing but also a deeper understanding of the culture, traditions and way of life that have shaped this remarkable island for generations.




CAGLIARI FAN CLUB
POZZOMAGGIORE


TANDA & SPADA

San Pietro di Sorres

The striking black-and-white church with alternating bands of white limestone and dark volcanic basalt is the famous San Pietro di Sorres, one of Sardinia's most iconic Romanesque churches, located about 20 minutes from Semestene. Its geometric design using white stone and black lava basalt makes it instantly recognizable.



Lucas Brauers















Visit to the Shepherds' Round Huts Built from Dry Stone Walls, Pinnettas

Exploring the traditional shepherds' round huts was a remarkable experience that revealed the ingenuity of Sardinia's rural communities. Built entirely from dry stone and perfectly adapted to the natural environment, these structures stand as enduring examples of sustainable architecture. We learned how shepherds used these shelters for generations and gained a deeper understanding of the close relationship between people, landscape and traditional craftsmanship that continues to define Sardinian culture.

























Visit to the Cave Church, Chiesa di San Giovanni

Our visit to the cave church was one of the most moving experiences of our stay in Sardinia. Hidden within a natural rock formation, this small sanctuary offers a remarkable example of how faith and nature have coexisted throughout the centuries. The smooth stone vault, shaped by nature itself, shelters a modest yet beautiful altar adorned with sacred images. The silence and serenity of the cave create an atmosphere of peace and contemplation, allowing us to feel a profound connection with the spiritual traditions of the island. Standing inside this sacred space, carved not by human hands but by nature, was an unforgettable reminder of the enduring relationship between people, faith and the landscape.











Visit to the Repurposed Stone Quarry

Our visit to the former stone quarry, demonstrated how heritage and modern recreation can coexist in harmony. Once a place where stone was extracted to build homes, churches and walls, the quarry has been thoughtfully transformed into a popular rock-climbing destination. Towering rock faces now attract climbers from around the world, while the site continues to tell the story of the labour and craftsmanship that shaped the region. The transformation of this industrial landscape into a place of adventure and appreciation for nature was both inspiring and symbolic of Sardinia's ability to preserve its past while embracing new possibilities.

























Final Destination: Naples

Our final destination before returning to Cyprus was the vibrant city of Naples, a place where history, culture and everyday life come together in a unique and unforgettable way. Walking through its lively streets, we experienced the energy of one of Italy's oldest cities, admired its historic architecture and enjoyed views of the Bay of Naples. The city offered a perfect ending to our journey, allowing us to reflect on the many experiences we had shared in Sardinia while enjoying the warmth of southern Italian hospitality. From its rich cultural heritage to its famous cuisine and welcoming atmosphere, Naples provided a memorable conclusion to an inspiring and rewarding adventure

Naples









Farewell to Sardinia and Italy

As our journey came to an end, we carried with us far more than photographs and memories. We returned home enriched by new knowledge, lasting friendships and a profound appreciation for the ancient art of dry stone walling and the cultural heritage of Sardinia. Every activity, from the hands-on construction of the wall to the visits to historic sites, traditional villages and breathtaking landscapes, strengthened the bonds among the participants and deepened our understanding of the importance of preserving these traditions. The experience was not only educational but also deeply human, reminding us that cultural heritage is best preserved when it is shared, celebrated and passed on to future generations. Our return to Cyprus marked the end of the journey, but the lessons learned and the friendships forged will remain with us for many years to come.

